Original Osteopathic Moves

Taught by
Doctor Andrew Taylor Still to
Dr. Charles F. Haverlin a pupil
and graduate of Doctor A. T. Still

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The circle with the Cross
These make for the sign that all thou hast heard is fulfilled in Him

Hospitallers Order of the Good News

The Lord He Is God

Trust in Him who Is the Way

Keep thy faith in Him, that All will be and is right!

And make thy life, thy activities in accord with same!

Book Title : Original Osteopathic Moves
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Book Nº

In Gratitude To

This Book is dedicated to the following:

To the God of Abraham: Who Is The God of Humankind, Our One and Only Lord and Saviour The Christ.

We Dedicate this Book to: to all those who have perished at the hands of ignorant men; To all those Wise Men who understood the difference between what is right and what is wrong; To those wise ones, who are ever present and let not fall civilization.

"The Lord He Is God"

Has in the Oneness of the Living God the Christ Our Lord and Saviours, so it is in the oneness of comprehension and understanding in which those points of truth these authors all conclude and agree upon.

And as a result on which they all agreement this book is produced and given as a testimony that: "The Lord He Is God", and the Lord walks with us everyday, even if you do not see Him, He is with us, He is with those who ask for Him for the Lord Is God of Humankind.

These are not vain words, but are those words from those who know The Lord, His Ways, His Coming.

And many others whose names do not appear here but they know who they are.

To all physicians, whose convictions regarding the soundness of principles set forth in this work, and whose fearless advocacy of therapy based on these principles have been a constant source of encouragement and inspiration to many, this book is also dedicated.

Acknowledgements

The collective knowledge generated from academic research summarized in various references has been critical in the creation of this published work, which is best viewed as a comprehensive compilation and collection of published information by many authors throughout the ages, as well as personal and clinical experience in the treatment of self and others.

This work was possible only by the guidance and Light of Christ who Is God. A special thanks also to those who work with Him and help all of us. May each individual be able, to find this eternal truth, while on earth.

Credits and References

Although all credits and references where given to the best of our knowledge and information contained in the central archives of the Hospitallers Order of the Good News.

If there is any errors or mistakes we kindly ask the reader to allow the knowledge of such items in order to rectify same in future editions of the present Book.

Health and Therapeutic Journals and Books

The present work rests upon the foundations of those civilization luminaries, men and woman of exceptional talent, intuition, and detailed observation. Furthermore it was a privilege to us, for them to have the dedication and time to write and publish their clinical findings.

There is then a vast amount of Journals and Books devoted to the Health and Therapeutics. Of these printed records those from 1850 to 1950 in this one hundred year period we specially encounter that the majority of what is to be known concerning disease its origin and its treatment and

cure, where in fact correctly identified. These records, in their collective, contain timeless observations of which many remain permanent truths. These pearls are hidden from plain sight, only the adept or the initiated can identify them and pick one by one, from the surrounding confusion.

Sources

This book is a Record of the clinical findings of many great Health Practitioners, their findings remain the same throughout the centuries. All share the same conclusion. The Truth is in plain site.

Apart from the Archives of the Hospitallers Order of the Good News Library, we are also very grateful to all libraries, who have kept books for the last 200 years, those of which by their keeping allowed the information on those books to survive, and be upon their withdrawn from their keeping available to purchase by the Order, and kept in its Archives and Library.

The Hospitallers Order of the Good News, has therefore obtained many of this rare Books, many of which are not available, nor found in libraries, for this we thank The Lord who Is God, for having placed the same in keeping of the Order.

Errors & Omissions

Although the editor, publisher have made every effort to ensure that the information in this book was correct at press time, the editor, publisher do not assume and hereby disclaim any liability to any party, for any loss, damage, or disruption caused by errors or omissions, whether such errors or omissions result from negligence, accident, or any other cause. Much care was taken to avoid any errors or omissions, if any do exist, please let us know, in order to correct same in any future editions.

Dedication

To the Founder of Osteopathy Dr Andrew Taylor Still, MD, DO

To all the Clinicians that have taken their time to record the information here given. And To Him, To Whom Health is Wealth, This Book is Dedicated.

Disclaimer

"The content of this Book is based on research conducted by the Members of the Hospitallers Order of the Good News, unless otherwise noted. The information is presented for educational purposes only and is not intended to diagnose or prescribe for any so-called "medical" or "psychological" "condition", nor to prevent, treat, mitigate or cure such "conditions". The information contained herein is not intended to replace a one-on-one relationship with a qualified healthcare professional. This information is not intended as "medical" advice, but rather a sharing of knowledge and information based on research and experience. The Hospitallers Order of the Good News encourages the reader to make your own health Care decisions based on your judgment and research in partnership with a qualified Health Care Professional. These statements have not been evaluated by the Food and Drug Administration, in the USA. The information on this Book is not intended to diagnose, treat, cure or prevent any disease." As sad it may be, that one is forced to place such a disclaimer, just serves to illustrate the state where the present civilization is at the moment. A civilization founded on lies has no future, a civilization based on false or fake pretences has no future, a civilization that follows political correctness is fake by proxy. To sustain the present civilization is to sustain a lie. Thus the solution is to establish a new civilization, this if Humankind will ever have a chance to develop on Earth.

In that the End of Times and the Beginning of a New Era, 2020

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Osteopathy Fully Explained

"Dr. Still, the founder of Osteopathy, saw the great necessity for another department in the healing art. He found in his extensive practice that there were a large class of cases where medicine was useless and where surgery did not apply. The result of Dr. Still's observations and experimental work demonstrated beyond question that many diseases of the different organs and parts of the body had their cause in a displaced or contracted part, which resulted in an obstruction to the free and natural flow of the fluids and forces from and to those parts, and also that these displacements and contractions could be found and removed, and with their removal nature would restore to perfect health. A slight slip of a vertebra, a contracted condition of the ligaments which bound one of the spinal bones to its fellow, caused an impingement upon the nerves and vessels which were given off from the spinal cord, and as a result the energy from the brain was cut off or obstructed, and the organ supplied by that nerve received only a part of its normal amount of energy and nourishment.

Osteopathy may place the entire body in perfect condition (in terms of both muscle and bone skeleton physiological anatomy).

When the cause is not in the organs themselves, but in the physical structure of the body.

The nerve centres which control the blood and nerve supply to these parts are located along the spine. And here most of the trouble lies.

Eyes - Osteopathy has accomplished wonderful work in the treatment of the eyes. It has taken glasses off of many hundreds of people. A strained eye, like a strained arm, has a disturbed circulation which, when corrected, renders the action perfect." - in "Osteopathy Fully Explained", 1903.

Lecture 1

Draining Cervical Lymphatics

To Drain the Cervical Lymphatics:

1. Stand on the right side of the patient, in dorsal position, place the left hand on the forehead, and with the right hand reach over the sterno cleido mastoid muscle.

2. Draw the muscles up closely around the chin, with pressure on parotid and sub-mental gland.

3. Turn the head away gently with the left hand and continue this movement downward, on vertebra at a time, to the 7th cervical.

4. Gently inhibit with right index and middle finger the 1st and 2nd dorsal vertebra together, drawing muscles away form spine, turn head away form operator and upward.

5. Place the hand down over the scapula, draw the muscle up and place fingers against the superior border, laying the right arm against the chest of the patient and turn the head slowly and gently in the opposite direction from the operator.

6. Stand at head of table and cross the hands under the patient's head.

7. Flex the head toward the chest, let down slowly, have the patient turn head to right and flex forward towards the patient's right elbow.

8. Let the head slowly backward and turn to the left and flex toward the left.

Observations

This movement stretches all the posterior neck muscles, ligamentum nuchae, trapezius muscle, flexes all anterior muscles and completes the drainage of cervical lymphatics.

Cervical Osteological Adjustments

The Osteopathic Osteological adjustment for the cervical region:

1. Turn the patient's head to the left with the operators right hand on occiput and with the left hand of the operator pointing downward over chin.

2. The head is given a sudden traction upward and downward towards the operator's left knee.

3. Reverse the position with the hands to the right side.

Observations

This is not Chiropractic. It is distinctly Osteopathic manipulation.

Lecture 2

Free the Circulation of the Pectotalis Major and Minor

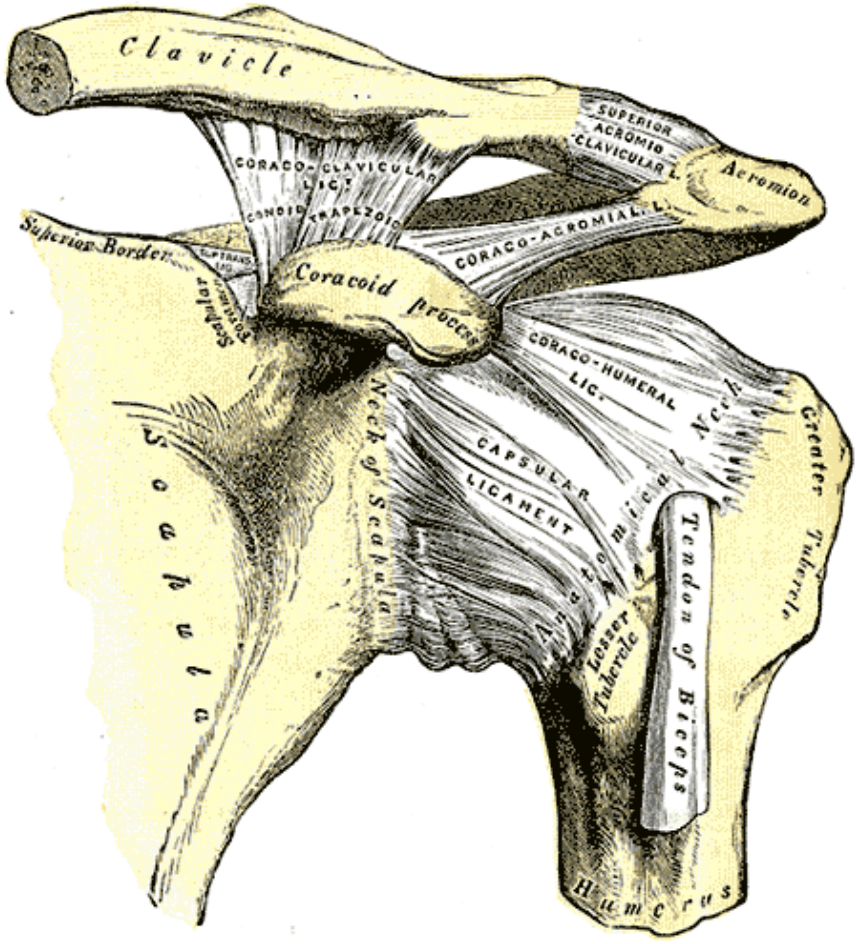
1. Apply the treatment on the neck muscle by placing the right hand under the chin, let the head rest gently on the table, placing the left hand over the pectoralis major and minor muscle.

2. Draw the head upward in the median line, with traction of the muscle down and outward.

3. Reverse the hands to the right side.

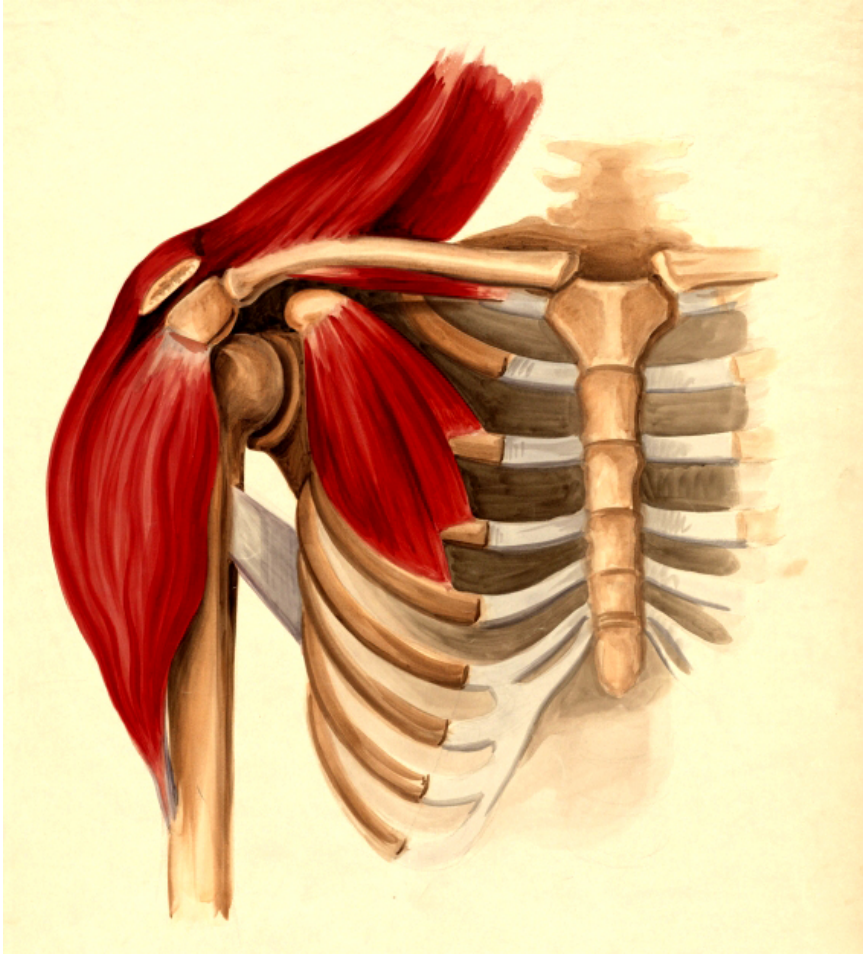
4. Then turn the patient's head to the left with the fingers of the left hand pointing over and downward from the chin and the right hand on the acromion process and stretch the head away sidewards with traction gently downward on the shoulder.

5. Reverse and take the left side.



Gray's Anatomy

The Acromion Process: is a type of bony process, which articulates with the clavicle, or collar bone.



"A fracture of the acromion process of the scapula", Oscar Wallis

To Free the Intercostals

1. Place the left hand under the right scapula with the side of the thumb resting on the right side of the neck against the jugular vein and carotid artery with the ball of the thumb resting against the clavicle.

2. Turn the palm of your right hand outward by turning the thumb inward and back.

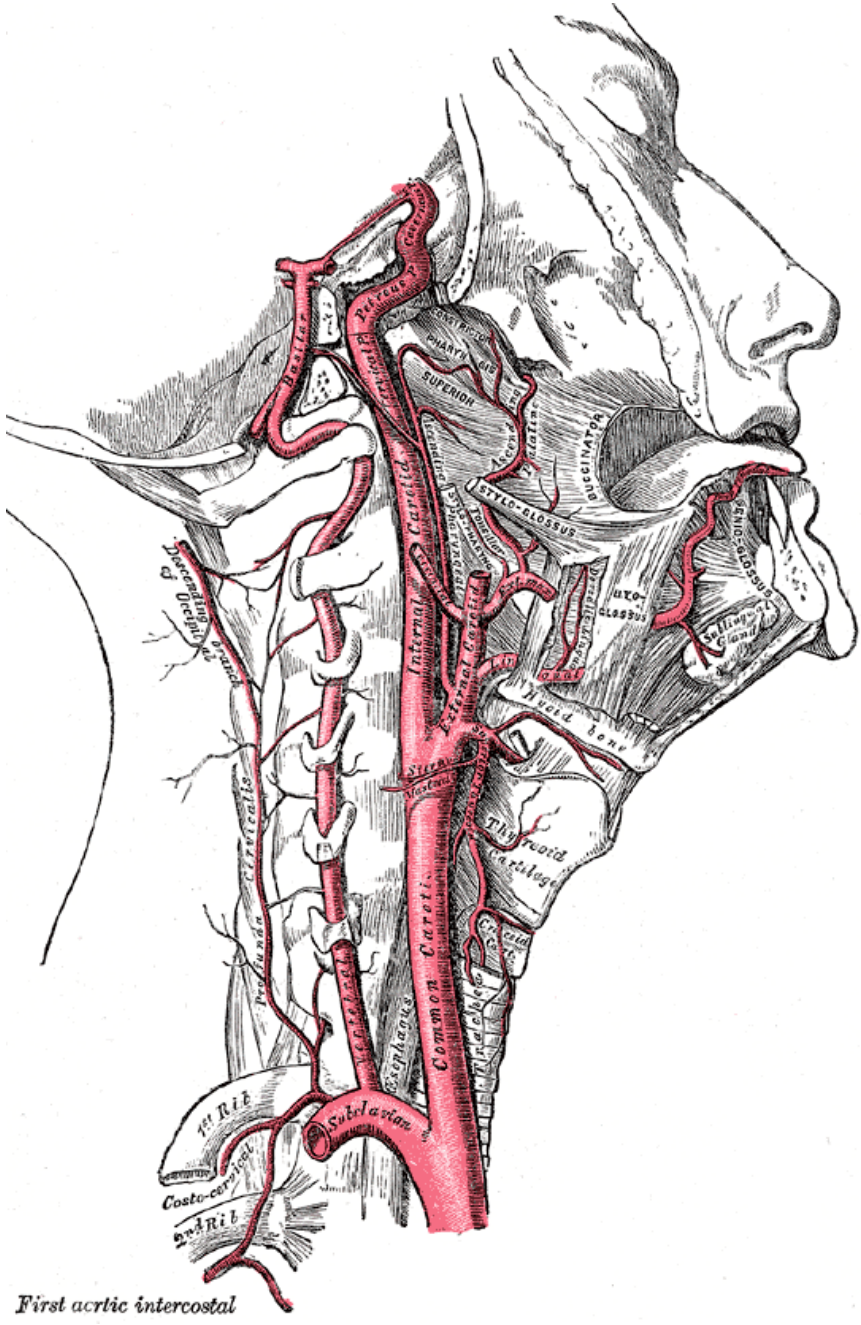
3. Grasp the inside of the right wrist of the patient, stretching the arm up over the head and then inward towards the median line, allowing the thumb of the left hand to gently slide in under the clavicle.

4. Reverse to left side.

Observations

This move must be made gently and quickly as the pressure over the carotid artery if continued for any length of time will cause the patient to become very dizzy and fall asleep under the continued pressure.

Please note: It is related, that the Japanese have produced death in a body by pressure on both sides of the carotid artery just above the clavicles.



Anatomy of the Human Body, Henry Gray 1918
Arteries of the neck: The right common carotid artery , labelled Common caroti, divides into the right internal carotid artery and external carotid artery.

Break up Scapula Lesions

1. Stand at the right side of the patient.

2. Flex patient's arm on chest

3. Place the tips of the fingers towards the left shoulder.

4. Take the patient's elbow with the right hand and rotate the arm slowly inward, drawing up on the muscles over the scapula.

5. Reverse the movement and press down on the acromion.

6. Repeat on the left side.

Lecture 3

Setting and Raising of Ribs

1. To replace a rib that has been twisted outward and downward.

2. Stand behind the patient.

3. Use the left thumb as a fulcrum and with the knuckles press against the angles of the ribs below the subluxation.

4. Pressing the ball of the thumb against the dislocation on the right side.

5. Then take the wrist of the patient with your right hand raise the arm gently up in a perpendicular position and with a sudden quick movement, slightly backward, downward and sideways, the rib will be adjusted.

Observations

This method applied to each rib will free intercostal circulation.

This movement is good for relieving colds and congestion of the lungs and when applied on the 4^{th} and 5^{th} ribs on the right side will especially relieve gall bladder congestion and is very good in cases of anaemia.

To Stretch the Trapezius

1. To stretch the scapula sideways.

2. Stand behind the patient and place left hand under axilla.

3. Fingers pointing upward toward sternum.

4. Operator's right hand reaches over patient's chest.

5. Grasps patient's left arm draws toward the patient's right elbow, at the same time drawing the muscles with the left hand downward and outward.

6. Repeat drawing the patient's arm higher each time.

7. Place fingers of right hand over patient's chest.

8. Grasping the muscle in axilla flex patient's arm and with left hand draw patient's elbow backward.

9. Stretching the muscles inward toward median line of sternum.

Raising Scapula

1. Place the patient in the prone position.

2. And to raise the scapula stand on the left side of the patient, place the patient's left hand on the back, palm up, grip the acromion process with the left hand.

3. And with the right hand manipulate under the scapula to break up the Osteopathic muscular lesion.

4. Reverse and take the other side.

Neck Lesions

1. To break up the Osteopathic muscular lesions of the neck:

2. Press the ulner border of the right hand against the laminae of the 7^{th} cervical and upper 2 dorsals and close to the spinous processes.

3. Hold this firm.

4. And turn the head away from the operator, with a slight sudden traction which will loosen up all the cervicals.

5. Reverse the movement.

Lecture 4

Spinal Lesions

To break up Osteopathic Spinal Lesions:

1. Place patient on the right side.

2. Flex the legs and with the operator's thigh against the patient's knees.

3. Place fingers over laminae of first and 2nd dorsal vertebra and the muscles are moved upward over the lamina and pulled outward toward the operator as the knees of the patient at the same time are pressed against the abdomen by the operator.

This is a simultaneous double action move.

4. The patient's knees are released as the operator moves the fingers downward over the 3rd and 4th dorsal.

5. Repeat the movement as above to the base of the sacrum.

6. Reverse the patient and give the treatment from the other side.

Posterior and Anterior Lesions

1. The rotation of the torso.

2. Stand in front of the patient with the knees of the patient anchored between the knees of the operator.

3. Have the patient clasp hand behind his neck.

4. And the operator place his hands inside of the arms with a gentle gripping movement over the scapula and as the shoulders are rotated from left to right and right to left a pressure is make on the side which is drawn towards the operator.

5. Then have the patient fold both hands across the chest.

6. Turn the torso to the right and make a sudden thrust each way, that is, operator's left hand over right scapula and right over left acromion in order to loosen up all the upper dorsal vertebra, lumbars and the sacrum.

7. Reverse position.

Lecture 5

Sacro Illiac Lesions

1. Have the patient in the dorsal position.

2. Flex both knees on the abdomen and press them down carefully without hurting the patient.

3. Move them to the right and press down.

4. Then move to the left and press down, continuing 8th or 10th time.

5. Turn the patient over in the prone position.

6. Standing on the patient's left with your right hand under the patient's right knee and your left hand on the right illia, raise the leg upward from the table.

7. Bring the leg towards you and make a thrust on the illia to remove illiac lesion.

8. Repeat the other leg from the opposite side.

9. Then stand on the left side of your patient.

10. Place right hand under both knees, the palm of your left hand on the 1st lumbar vertebra.

11. And raise the thighs from the table pressing downward.

12. Continue with each lumbar and on the sacrum make a sudden thrust.

Observations

This was called by Doctor Still, "springing the spine".

No matter what the Osteological lesion may be in the lumbar it can be adjusted with this move.

Get the proper contract, the direction of the thrust desired and correct. As good, old Doctor Still so often said:

"FIND IT - FIX IT - LEAVE IT ALONE"

This method was used by the author in the treating of Infantile Paralysis during the epidemic of 1916. Doctor Fred'k. W. Collins treated 22 cases successfully with but two cases partly crippled (the fault of the patients not following out instructions).

Cubin Grind

The Cubin Grind:

1. Patient on the right side.

2. The right arm of the operator is placed under the left leg.

3. Hand grasping thigh, palm of left hand over the femur.

4. The leg is rotated around: first rotation forward and downward and up.

5. Then reverse taking it down, backward and up.

Lecture 6

Abdominal Treatment and Kidneys

1. Stand on the right side of the patient in dorsal position.

2. And with the ulna border of the right hand over the sigmoid flexure.

3. Manipulate this part of the abdomen several times.

4. Then with the tips of the fingers manipulate in a circular manner over the descending colon from the left to the right the way the hands of a clock move.

5. Each time as you work downward move the fingertips upward until you reach the spleenic flexure.

6. Then with the left hand over the spleenic area, (the spleen is found in the mid axilliary line at the point of the elbow 2 14 inches in from the surface of the body) manipulate gently with the right hand in and under the ribs.

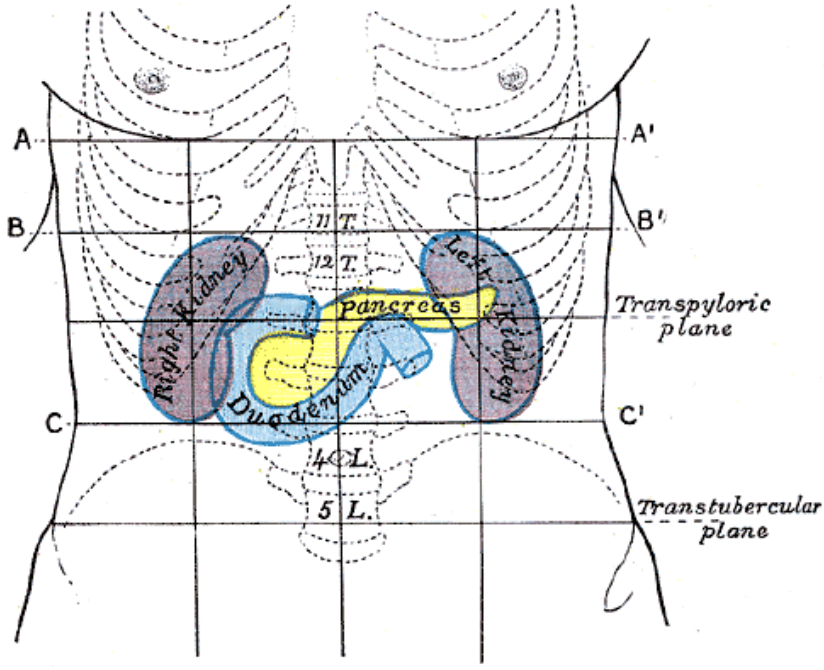
7. Then the transverse colon to the center of the body, keeping the right hand on the body passing around over the head of patient and continue along the transverse colon to hepatic flexure.

8. Press the right hand over the liver area and with the left fingers work in under the ribs to manipulate the lower lobe of liver and continue along ascending colon until you come to the caecum and appendix.

9. To manipulate the kidneys press thumbs gently in over right kidney which normally is generally lower than the left and move the kidney away from you with the fingers raised.

Observations

This movement not only breaks up kidney lesion but all abdominal lesions.



Anatomy of the Human Body, Henry Gray 1918

Lecture 7

Leg Lesion

1. Patient in dorsal position.

2. Flex the left thigh.

3. Flex the leg against the thigh.

4. Flex the Achilles tendon by pressing toes downward.

5. Stretch the Achilles tendon by pressing the toes upward.

6. Place the fingers of the left hand on the patella with the right hand over the right acromion process.

7. Draw gently towards you and flex the knee slowly.

8. This is a double action move bringing both points of contact gently towards each other.

9. Change hands with the left hand under heel extend the leg with a slight jerk. This is the only time the leg is jerked.

10. Reverse to other leg.

Drain Hunters Canal

To drain Hunters Canal:

1. Patient in dorsal position.

2. Flex right leg with foot resting on table.

3. Right hand on patella.

4. Left hand over Hunters Canal.

5. Fingers well over toward popliteal space.

6. Push knee inward and draw the sartorius muscle outward.

7. Working upward toward the groin about 6 centimetres at a time.

8. Reverse to other leg.

Observations

This canal is triangular in shape and contains arteries, veins, nerves, lymphatics, etc. In many instances treatment of this canal will aid to treat rheumatism, and other leg troubles. The above treatment has been studied by the author, and it has been demonstrated, and used successfully by Doctor Charles F. Haverin and others.

The adductor canal (subsartorial or Hunter's canal) is an aponeurotic tunnel in the middle third of the thigh, extending from the apex of the femoral triangle to the opening in the adductor magnus, the adductor hiatus.

The canal serves as a passageway from structures moving between the anterior thigh and posterior leg.

Stretching Public Arch Dorsal Position

1. Both legs flexed.

2. Feet on table.

3. Opening and closing against resistance.

Lecture 8

Circumduction of Legs

1. Circumduct the right leg outward 3 or 4 times with pressure and flexion.

Make pressure as follows:

With left hand on patella pressing down and away from the body of the patient.

At the same time flexing heel inward away from the operator
And then inward duction 3 or 4 times with flexion, and extention in the opposite direction, rotating the head of the femur in the acetabulum.

> *This will break up Osteopathic muscular lesions of the leg and hip, increase the circulation and allow the vital fluids to go on.*

2. Reverse to the left leg.

Lecture 9

Stretching Sciatica

1. Raise each leg from the table perfectly straight, covering the patella with one hand, the other hand on the heel.

2. Traction as much as the patient can stand then alternate.

3. Then raise both legs form the table until the buttocks and spine are raised.

4. Press down on the heels stretching the sciatics.

5. Allow the patient's legs to come down on the table horizontal.

6. Then raise the patient's body from the table by placing the hand under the occiput and bending the patient's body forward until the head comes to the knees.

This drains the spinal column.

7. Then have the patient stand up, raise the arms over the head and rise up on the toes quickly.

This will flush the spinal column.

Lecture 10

Osteopathic Movements for Deafness

1. Patient in the dorsal position.

2. Take the ear between the middle fingers and rotate it downward, backward and upward and then reverse the rotation.

3. Place the index finger in the Meatus and give a gentle vibration for 1 or 2 minutes.

4. Take the lower love of the ear and work it forward, downward and backward and the upper lobe forward, upward and backward.

5. Cup the ears by placing the hand over the ear to create a vacuum and quickly withdraw.

6. Breathe into the ears as follows: Place the 2 middle fingers over the ear so that your lips do not come into contact with the ear, take a long breathe and blow into the ear gently.

Observations

This warms the ear drum and helps dissolve up wax concretions. This treatment should not be given to an ear that is inflamed without first reducing the inflammation by applying cold compresses over the ear and changing them every half minute until the inflammation has subsided.

Treatment for the Eyes

1. Place the tips of the fingers in the supraorbital notch and make intermittent pressure from the inner canthus to the outer of the eye.

2. Press on the infra-orbital notch and make the intermittent pressure on the lower part of the eye from the inner canthus outward.

3. Manipulate the upper part of the eyeball by having the patient look downward then manipulate the lower part of the eyeball by having the patient look upward.

4. Give gentle concussion to the eyeball by placing the finger over the eye itself, resting on the nose, and gently tap with the fingers.

With the fingers:

5. With the fingers of the other hand reverse to other eye.

6. Place both thumbs over the eyes and give inhibition.

7. Press the eye gently down into the socket slowly and carefully as much as the patient can stand and release slowly.

Observations

The eyes are very delicate organs and should be treated carefully. The hands should be thoroughly washed and the utmost precaution used in the treatment so that there is no discomfort or pain to the patient.

Treatment for Haemorrhoids

1. Place the patient in the prone position.

2. Operator manipulates all the muscles over the sacrum and coccyx.

3. Stretch the sphincter muscles of the anus upward and outward away from the median line and give deep manipulation of the pubic nerve.

4. Give a gentle rotation and keep this up for at least 2 minutes or longer if the patient does not complain.

5. Reverse and take the opposite side.

Observations

I have treated many cases of haemorrhoids of many years standing by continual manipulation in this manner 2 or 3 times a week. Some cases responded within one month. I would also advise the patient in regards to the use of water internally and externally.

"You must get your patient well...stop his pain and send him home sound and well from head to foot." -
Dr A.T. Still, MD, DO in "Journal of Osteopathy", November, 1899.

Osteopathic Treatment for the Foot

1. Take the patient's right heel in the left hand and rotate the foot from left to right 10 or 12 times.

2. Reverse the movement.

3. Hold the foot at the instep.

4. Traction with sudden extension of the toes, loosening up the joints.

5. Manipulate the muscles between the metatarsal bones.

6. Flex the toes upward and downward several times.

7. Spread the toes apart, take the heel in the right hand and rotate the heel.

Observations

Any Osteological lesions of the tarsal and metatarsal bones may be thrust on the above or below adjusting the bones into place.

This Osteopathic foot treatment twice weekly has treated many cases of corns, soft and hard of long standing.

From any of the above you can make a major or specific treatment for any part of the body in 5 to 15 minutes.

It takes form 25 to 75 minutes to give the full Osteopathic Treatment, according to the case and the condition of the patient.

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Book Titles Of Interest

Longevity the Untold Story

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"God created man to be immortal, and made him to be an image of His own eternity." - Wisdom of Solomon 2:23, King James Version

"Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap." - Galatians, 6:7

"Death is not a universal accompaniment of life. In many of the lower organisms death does not occur, so far as we at present know, as a natural and necessary result of life. Death with them is purely the result of an accident, some external cause." - Charles S. Minot in "The Problem of Age, Growth, and Death", 1908

"Such a machine as the human frame, unless accidentally depraved, or injured by some external cause, would seem formed for perpetuity." — Dr. Gregory in "Medical Conspectus"

"If a living organised being be examined at the epoch of its greatest perfection ... a mutuality of cause and effect is perceived which almost promises immortality." — Sir T. C. Morgan

"At some future day there can be little doubt that the value and duration of life will be extended greatly beyond what it is at present—greatly beyond, perhaps, what we at present can imagine" — Dr. Thomson in "Medical Dictionary"

The Unknown Causes of Disease, The Idiopathic Nature of Medicine

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a Crime; Origin of Disease; Understanding the Causes; Major Maladies and Their Treatment; Cause of Physical Disease; Alzheimer's Dementia and the Reversal of Cognitive Decline; Main Drivers of Alzheimer's; Parkinson's; Sinusitis; Cause of Paralysis; Beriberi, Nerve Disorders; Causes of Mental Disease; Psychological Disorders; Constipation; Chronic Constipation from Disease; Atony of the Intestine (Darmatonie) Causes and their Mode of Action; Diseases of the genital organs in young women; Treatment of Constipation; Headaches & Migraines; Head Dizziness; Headache How Caused and Cured; Causes of Skin Disease; Diseases of the Skin and Kidneys; Skin and Psoric Conditions; Jaundice; Arthritis Principles of Treatment; Atherosclerosis Coronary Heart Disease; Treatment of Diabetes; Fevers; Treatment of Rheumatism and Allied Conditions; Curing Diseases of Heart and Arteries; Treatment of Acute Heart Disease; The Treatment of Confirmed Cases of High Blood Pressure; Hypertension and Kidney Disease; Asthma; Ataxia; Epilepsy; Attacks of Convulsions can be Avoided or Lessened; Backache and its Treatment; The Cause of Acquired Gout; Insomnia; Cancer its Causes; Colon Cancer; Vaccination and General Enervation; Behavioural Disorders included Autism; Ingredients, Components found in Vaccines; Postpartum Depression; Mental Troubles and Physical Causes; Dangerous Psychiatry; Sciatica; Causes that Produce Diseases; The Source of all Acute Diseases as it is a Consequence of all Chronical ones; How to supply the Place of Medicines by Diet; Chronic Rheumatism and Rheumatic Gout (Osteo-Arthritis); Premature Senility; Disease of the Kidneys; Causes of Diseases of Chest; Painful Menstruation; Pyorrhoea; Tuberculosis; Rheumatoid Arthritis and Loose Joints; Elcampsia; Cardiac Arrest."

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"Aetiology: That Part of Physick which teaches the Causes of Diseases." - George Cheyne, MD, FRS, in "An essay on Health and Long Life", 1724.

"The cure of many diseases remains unknown to the physicians of Hellos (Greece) because they do not study the whole person." - Socrates, 399 BC.

"Doctors put drugs of which they know little into bodies of which they know less for diseases of which they know nothing at all." - Voltaire

"Of Disease we Know Nothing at All". - Dr William Osler, MD

"The Cause of Disease is Unknown" - Medical practice literature, 2018 AD.

"We have assisted in multiplying diseases; we have done more, we have increased their mortality." - Dr. Benjamin Rush, MD

"Ignorance breeds stupidity, it is your responsibility to get educated. Those who don't educate themselves, are condemned to being educated by others." - Rui Gabirro

Spoiler Alert!

It will be seen that it will probably take about 5,000 years, or longer for Medical Practitioners to finally find or "discover", the cause of disease(s). In the mean time if you don't want to wait, you may wish to read this book.

The Purpose of this Book

"The present work is written for the double purpose of correcting error, and imparting truth. Its purpose is not to attack men, nor systems, but simply to state facts by which their pretensions may be judged." - Dr. Frederick Hollick, MD in "Neuropathy or The true principles of the Art of Healing the Sick", 1847.

Moving Forward

Don Miguel de Cervantes Saaverdra, wrote a book called: "The Ingenious Gentleman Don Quixote of La Mancha". Don makes it his mission to revive Chivalry, along with his squire Sancho Panza, whom is known for his many "sanchismos", quotes that

use wit and humour and ironic proverbs. While there are many quotes to chose from, we dedicate this quote to the Medical Trade: "Let the Dogs Bark Sancho, It is a sign that we're moving forward!"

Medicine, The Cure Is Worse than the Disease

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"What is Medicine; The Medical Understanding of Disease is Nil; Medicine Treatment; Intellectually Bankrupt; We Bleed, We Purge, We Narcotise; Men May Live Fools, but Fools they Cannot Die; Physic has been defined as: "the art of amusing the patient, while nature cures the disease."; Who's the Father of Medicine; The Epidemiology of Multimorbidity; Medical View: Disease Is Only About Biochemical Deficiencies; The Difference Between Health and Medicine; Medical Art; Death Rate Drops During Doctor Strike; When Doctors Strike, Fewer Patients Die; Attempt to Relieving Pain Without Dealing with the Cause; Medicine the Destructive Art of Healing; Nature and Art in the Cure of Disease; Concerning the Title of Doctor; The Relationship Between Theory and Therapy; Medical Freedom Medical Science; Science Delusion; The Science and Art of Medicine; Tower of Babel and Medicine; Scientific Medicine; Pseudo-Science; Medicine can Never be an Exact Science; Unnatural, Distorted and Inconsistent; The Medical Octopus; Doctors of Medicine Cannot Cure; Fallacious Faith on Medicine; Medical Teaching is Incredibly Faulty and Defective; The Laboratoromania of the Medical profession; The Practice of Medicine as Fudge; Empirical Science, Vitalism or What; Medical Science is Founded on a False Premise; Diagnosing a Medical Delusion; Disease Cannot Be Its Own Cause: Neither can it be its own cure, and certainly not its own Prevention; The Medical World is Looking for Cures; Scientific Medicine is Helpless; The Scandal of Poor Medical Research; Medical Research - Still a Scandal; Why Most Published Research Findings Are False; Scientific Literature Perhaps Half may Simply be Untrue; Drug Companies and Doctors; A story of Corruption; Modern Medicine Not a Science; Ignorance Has Become Commonplace In Medical Practice; The Drug Medical System; Poisonous Medications; Drug Medicines were

Worse than Useless; Then it was that People Began to Die; Drugs Always Produce Disease; The Deadly virtues of the Healing Art; Take his Good Advice and Refuse his Bad Medicine; Poisonopathy, A Few Words as to the Forms of Disease; Allopaths say it is: Contraria Contrariis Curantur "Contraries Cure Opposites"; What are its Agents, its Medicines, and its Remedies; This Patient Rapidly Recovered under Hygienic Treatment; Effect of Drugs; Secondary Diseases; Medical Economics; Medical School; Real Education Versus Engraved Pieces of Paper; Medical Training; Clinical Observations; Nothing To Do; The Prejudices of the Profession; Pernicious Effects of Blood-Letting; Of the Ignorance Existing Respecting the Power of Nature to Cure Diseases; Nature, or, in other words, the Inherent Powers of the Animal Economy, Are Either Entirely Ignored; Natural course of the Morbid Processes Occurring in the Animal Body; Curative Powers of Nature; Ignore or Depreciate the Working of Nature; Practice; On the Educational Value of the Medical Society; Angina in Doctors; Specialists and Specialism; With Regards to the Medical Clinic and Medical School; Psychiatry; The Gene-Based Theory of Mental Illness; The Four False Pillars; The Germ Theory; The Role of Bacteria, Their Useful Symbiotic Role in the Body; Micro-Organisms of Disease are Universal, But Disease is not Universal; Scientific Bluff; Disease Germs; The Germ Disease Theory; Vis Medicatrix Naturae; People Generally are Awed by Anything they do not Understand; Every Grain of Sand is a Metropolis for Bacteria; Goodbye to Germ Theory; Germs as a Cause of Disease is a Dying Fallacy; Why We Believe Germs do Not Cause Disease; Cognitive Impairment by Antibiotic-induced Gut Dysbiosis; Microbiome Restoration Diet Improves Digestion, Cognition and Physical and Emotional Wellbeing; J.D. Rockefeller's Involvement; The Forgotten Facts and Truths of Drugs; Intentional Ignorance; The Placebo Effect; Medical Illusion; Third leading Cause of Death; Healthcare Against Health; Both Guess-Work; Needless Surgery; One Operation Leads to Another; There is Nothing so Futile as to Attempt to Remove an Imaginary Pain by a Surgical Operation; Nature Heals; Medical Freedom; One of the Most Common Causes of Chronic Invalidism; Doctors of Medicine Ignorance of Dietetics; Medicine Doctors Sublime Ignorance of Food Values; Medical Specialities; Women Risk Losing Ability to Give Birth Naturally; Deaths of Medical Doctors; Suicide Rates Among Physicians."

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"The physician being, then, a blind man armed with a club, who, as chance directs the weight of his blow, will be certain of annihilating nature or the disease." - D'Alembert quoted by Dr. Richard Tonson Evanson, MD and Dr. Henry Maunsell, MD in "A Practical Treatise on the Management and Diseases of Children", 1842.

"If we compare the good, which a few true disciples of Aesculapius have done since their art began, with the evil which the immense numbers of Doctors have inflicted upon mankind, we must be satisfied that it would have been infinitely better for mankind if Medical Men had never existed." - Boerhaave

"Never mind the name of heterodoxy in Medicine, what is right is right." - J. R. Findlay.

"We can hardly refuse our assent to the observations of the late Sir Gilbert Blane, that in many cases patients get well in spite of the means employed; and sometimes when the practitioner fancies he has made a great cure, we may fairly assume the patient to have had a happy escape." - Dr Jonathan Pereira, FRS, Father of Pharmacology.

Spoiler Alert

Do not Read this if you wish to stay in Fairyland, By pursuing to read this book, you will realize that Medicine, something that misleads or deludes; an illusion, is basically composed of "Pretty gibberish invented to cheat the ignorant," and it is commonly defined by what some in the profession, for many years now have come to realize, that Medicine Science is founded upon: "Fudge", "Inconsistent observations", and other point out that it might also include "Fairy Dust."

Medicine & Poisonous Pharma

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